

## Youth Classes - Youth 6-16

Additional classes for 6 year olds can be found in the Preschool section. Also, additional classes for teens are located in the Adult Section.

### ACROBATIC TUMBLING

Focus will be on backbends, walkovers, front and back handsprings, flips, handstand balancing, flexibility and increasing upper body strength. For beginning class, participant needs little or no experience. ***For intermediate class, participant must be given instructor approval.*** Instructor: Bruce McGregor (8 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

#### 6-16 YEARS (Beginning)

26874	1/5 M/W	4-4:50pm	MMPA	\$46
26875	1/5 M/W	5-5:50pm	MMPA	\$46
26876	1/5 M/W	6-6:50pm	MMPA	\$46

#### 6-16 YEARS (Intermediate)

*26877	1/5 M/W	7-8:00pm	MMPA	\$46
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### ACROGYMNASTICS

Acrogymnastics is a totally disciplined body sport that combines the grace and beauty of gymnastics with the excitement of acrobatic skills. Class focus includes lifts, tumbling and dance. For beginning class, participant needs little or no experience. ***For intermediate and advanced class, participant must be given instructor approval.*** Instructor: Bruce McGregor (8 weeks)

#### 6-16 YEARS (Beginning)

26882	1/6 T/TH	4-4:50pm	MMPA	\$52
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#### 6-16 YEARS (Intermediate)

*26883	1/6 T/TH	5-6:20pm	MMPA	\$78
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#### 6-17 YEARS (Advanced)

*26884	1/6 T/TH	6:30-8:30pm	MMPA	\$104
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### BALLET/TAP (NEW!)

Come have some fun while learning fun tap combinations and the graceful movements of classical ballet. *Proper dance attire and ballet and tap shoes are strongly recommended. Please put hair up into a bun or ponytail.* Instructor: Ms. Julie (8 weeks)

#### 6-9 YEARS

27133	1/6 T	5-5:50pm	MMPB	\$26
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### BALLROOM DANCE (NEW!)

Learn to be smooth, with great lead and techniques. Classes will be taught slowly for best results, gradually moving toward more advanced techniques. For the beginner and intermediate to enjoy. *No partner required.* Instructor: Edward Lee (8 weeks)

#### 14+ YEARS (Also listed in adult section)

26906	1/8 TH	6:30-8pm	MMPB	\$39
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### BATON TWIRLING ONE

Baton twirling will help your child develop confidence, poise, stage presence, strength, flexibility and coordination, and best of all it's FUN! Your child will learn basic twirls, tosses, marching and a routine. Cost of the class includes a custom fit, and a competition quality baton. Your child will be measured for a baton on the first day of class and will receive the baton the following week.

*Participants should wear covered shoes. Please put long hair up in a ponytail.* Instructor: Angela Walker (8 weeks)

#### 5-7 YEARS (Also listed in preschool section)

26965	1/9 F	5:30-6:15pm	CMPAB	\$50
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#### 8-12 YEARS

26966	1/9 F	6:20-7:05pm	CMPAB	\$50
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## BATON TWIRLING TWO

A continuation of Baton One, this class will improve eye-hand coordination, wrist flexibility, marching and confidence. ***Participants must have taken Baton One or get instructor's approval for this class.***

*Please wear covered shoes and put long hair in a ponytail.* Instructor: Angela Walker (8 weeks)

### 5-7 YEARS (Also listed in preschool section)

26961 1/8 TH 5:30-6:15pm CMPAB \$26

### 8-12 YEARS

26962 1/6 T 6:20-7:05pm CMPAB \$26

## BATON TWIRLING THREE

Baton three will focus on preparation for parades and competitions. Students will learn to combine twirls with body movements. Instructor approval required. Instructor: Angela Walker (8 weeks)

### 5-8 YEARS (Also listed in preschool section)

26963 1/6 T 5:30-6:15pm CMPAB \$26

### 8-12 YEARS

26964 1/8 TH 6:20-7:05pm CMPAB \$26

## CHA-CHA-BEGINNING (NEW!)

Let's learn to one-two cha-cha-cha. This class will be fun and dance techniques will be taught at a slow pace for beginning dancers. No partner required. Instructor: Edward Lee (8 weeks)

### 14+ YEARS (Also listed in adult section)

26907 1/8 TH 8-9:30pm MMPB \$39

## CHEERLEADING BEGINNING

Participants will learn to cheer, kick, jump and have fun learning how to bring a crowd to their feet. Memory and coordination skills will be enhanced while learning arm motions, cheers and a short sideline dance. This is a perfect class for an aspiring cheerleader to learn technique and material that can be taken to elementary or pop warner cheer tryouts. *Participants should wear comfortable clothes that do not restrict movement and tennis shoes. Please put long hair in a ponytail.* Instructor: Lauren Williams (8 weeks/6 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

### 6-9 YEARS

27091 1/9 F 4-5pm MMPB \$28

27092 1/9 F 5:15-6:15pm MMPB \$28

### 10-12 YEARS

27093 1/5 M 4-5pm MMPC \$22

## CHEERLEADING PREP (NEW!)

This class is designed to prepare participants for cheerleading tryouts. All skill levels are welcome to come and learn technique, jumps, cheers, chants, and dances specifically designed to help transition into school squads. This is a perfect class for cheerleaders wanting a leg up on competitive tryouts. *Participants should wear comfortable clothes that do not restrict movement and tennis shoes. Please pull **all** hair in a ponytail away from face.* Instructor: Lauren Williams (6 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

### 13-15 YEARS

27131 1/5 M 5:15-6:15pm MMPC \$22

## CLASSICAL BALLET I-YOUTH (NEW!)

In this class students will learn classical ballet techniques at the barre, in the center, and across the floor. In addition, students will learn proper ballet vocabulary. *Leotard, tights and ballet slippers are strongly recommended.. Please put hair into a bun or ponytail.* Instructor: Ms. Julie (8 weeks)

### 6-9 YEARS

27130 1/8 TH 4-4:50pm MMPB \$26

## CREATIVE PAINTING

Students will create impressionist style paintings full of color, shape and design. The class will stimulate the young artists' creative juices emphasizing brush strokes with structure to form exciting works.

## **7-14 YEARS**

26848 1/7 W 4-5:30PM CCR1 \$47

### **DRAWING AND PAINTING BEGINNING**

Participants will learn the importance of light and dark, perspective drawing, value of color and using color to create abstract impressions. Class will help participants develop their own creativity.

Instructor: Ruth Schrodetzki (6 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

## **7-14 YEARS**

26846 1/5 M 4-5:30pm CCR1 \$38

### **FLUTE CHOIR ADVANCED**

This class is for high school and adult level flutists who have completed four years or more of flute playing. The instructor will provide the music. *Bring your flute and pencil.* Come prepared to play flute and have fun learning new music. We will perform the music we have learned in an informal recital on the last day of class; public welcome. Instructor Camille Martin

### **13+ YEARS (Also listed in the adult section)**

27136 1/10 SAT 1-2:25pm MCR4 \$41

### **HUNTER EDUCATION COMBO COURSE**

An overview of the skills required to be a successful hunter or outdoors person. Topics include archery and firearms safety, animal identification, survival skills, first aid, marksmanship, conservation and wildlife management, hunter ethics and responsibilities, field care of game animals and hunting tips and regulations. *NOTE: Field days will be required on 2/21. Completion of this course will give participants a permanent bonus point for the draw. A \$3 supply fee will be collected at the first day of class.* Instructor: Jeff Hanna (8 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

### **10+ YEARS (Also listed in the adult section)**

27002 1/5 M/W 7-9pm PCR3 \$4

### **JAZZ DANCE YOUTH**

This class will focus on basic jazz techniques and combinations to do across the floor and in the middle of the floor. Students will work on flexibility and strength. *Jazz shoes are recommended.* Must have some dance background. Instructor: Dezarae Beretta (8 weeks)

## **6-9 YEARS**

26863 1/9 F 5-5:50pm MMPC \$26

### **KIDS SCRAPBOOKING**

This class will teach you simple and quick scrapping ideas. You will actually begin putting your photographs onto scrapbook pages using simple techniques that are fun, creative and easy. *Please bring 12-15 photos to class.* **No refunds or credits will be issued 7 days prior to workshop.**

Instructor : Stacey Gauman (One Day Workshop)

## **6-16 YEARS**

26958 1/10 SAT 10:30am-12pm CCR1 \$15

### **KOOL KIDS CERAMIC CRAFT CAMP (NEW!)**

Lets have some fun! In this camp each week you will design and create a beautiful project that is painted, embellished and finished each week. You can use your creativity and make some great friends. Each project also makes great gifts for you or your family. **A \$7 supply fee will be collected at class. No refunds or credits will be issued 7 days prior to workshop.** Instructor: Michelle Minzey (One Day Workshops)

## **6-16 YEARS**

### **FISH CANDLES & CANDLE HOLDER**

27111 1/10 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 1/2.*

### **THREE PIECE FISH WALL HANGING**

27112 1/17 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 1/9.*

### **JEWELRY BOXES**

27113 1/24 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 1/16.*

**SOUTHWESTERN WALL PLAQUES**

27114 1/31 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 1/23.*

**FAMILY TREE**

27115 2/7 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 1/30.*

**PICTURE FRAMES**

27116 2/14 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 2/6.*

**“WELCOME FRIENDS” WALL PLAQUE**

27117 2/21 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 2/13.*

**CERAMIC DINOSAURS**

27118 2/28 SAT 9:30-11:30am PCR3 \$7

*Last day to register for this class is 2/20.*

**KOOL KIDS WEARABLE ART WORKSHOP (NEW!)**

Hey kids come join the fun when each week we create a wonderful work of hand painted wearable art. You will have a blast, learn some new painting techniques and make new friends along the way. **A \$7 supply fee will be collected at class. No refunds or credits will be issued 7 days prior to workshop.**

Instructor: Michelle Minzey (One Day Workshops)

**6-16 YEARS**

**FOUR POCKET HANDPAINTED ART SMOCKS**

27103 1/10 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 1/2.*

**FAMILY TREE T-SHIRT**

27104 1/17 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 1/9.*

**BEADED JEWELRY**

27105 1/24 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 1/16.*

**SILLY SOCKS**

27106 1/31 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 1/23.*

**SPORTS HATS/CAPS**

27107 2/7 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 1/30.*

**STRAWBERRY WATERMELON T-SHIRTS**

27108 2/14 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 2/6.*

**COOL CREATURES VESTS**

27109 2/21 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 2/13.*

**FISH AQUARIUM T-SHIRTS**

27110 2/28 SAT 12-2pm PCR3 \$7

*Last day to register for this class is 2/20.*

**MARTIAL ARTS-TAE KWON DO**

Basic stretches, blocks, punches and kicks involved in Tae Kwon Do-style for students and simple self-defense techniques as well as hand/eye coordination exercises are taught. Instructor: David Keppel (8 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

## LEVEL I

### 6+ YEARS (Also listed in adult section)

26869 1/5 M/W 5:30-6:25pm MMPB \$46

## LEVEL II

### 6+ YEARS (Also listed in adult section)

26870 1/5 M/W 6:30-7:55pm MMPB \$69

## MINI TUMBLERS

This class will focus on front rolls, handstands, bridges, cartwheels and round-offs. Emphasis will be on strength, flexibility and self-esteem. Books and music may also be used to enhance the learning experience. *Children should wear comfortable clothes that do not restrict movement. Please put long hair up into a ponytail.* Instructor: Becky Cappello (8 weeks)

### 5-7 YEARS (Also listed in preschool section)

27126 1/6 T 1-1:50pm MMPB \$27

27127 1/10 SAT 11:30am-12:20pm MMPC \$27

## MODERN JAZZ DANCE-YOUTH (NEW!)

Come learn how to get your groove on! In this class participants will learn modern jazz techniques, movements across the floor and hip jazz combinations to popular music! *Jazz shoes are strongly recommended. Please have hair pulled back into a ponytail.* Instructor: Ms. Julie (8 weeks)

## 13-16 YEARS

27129 1/7 TH 5-5:50pm MMPB \$26

## PRIMA BALLERINAS

Basic ballet techniques will be taught following a thorough warm-up and classes will be enhanced by learning familiar ballets. *Ballet shoes are recommended.* Instructor: Becky Cappello (8 weeks)

### 5-7 YEARS (Also listed in preschool section)

27063 1/7 W 1-1:50pm MMPB \$26

## SANCHIN-RYU KARATE

Class topics include a range of self-defense ideas, conflict resolution being the key element. Children are taught alternatives to fighting through the wonderful noncompetitive philosophy of Sanchin-Ryu. The concept of "stranger danger" will be discussed throughout the class. Emphasis in our class is put on having fun as we learn to build self-confidence, coordination and leadership skills through the study of a true martial art. Parents are encouraged to sign up.

### 5+ YEARS (Also listed in adult section)

26889 1/6 T 6-7pm MMPB \$26

Instructor: Adam Nagaj (8 weeks)

26890 1/6 T 7-8pm MMPB \$26

Instructor: Stacy Nagaj (8 weeks)

## SIGN LANGUAGE-ADVANCED

This is a continuation class for those who have taken an intermediate level class before. Instructor: Stephanie Crisp (8 weeks)

### 8+ YEARS (Also listed in the adult section)

26895 1/7 W 5:10-6:30pm MCR4 \$41

## SIGN LANGUAGE-PRACTICE MAKES PERFECT

This is a great class for students who want to continue their learning in ASL. Practice with songs, review vocabulary and learn some new words. **Participants must have at least one year experience with sign language. Instructor approval required.** Instructor: Stephanie Crisp (8 weeks)

### 8+ YEARS (Also listed in the adult section)

26894 1/7 W 6:30-7:50pm MCR4 \$41

## SPANISH I – YOUTH

In this class we will learn the basic concepts of Spanish pronunciation. Activities will be incorporated into lessons to create an enjoyable learning experience. Instructor: Sonia Estrada (8 weeks)

## 6-10 YEARS

26819 1/7 W 5-5:45pm PCR2 \$34

### **TALKIN' TORTOISES (NEW!)**

Yes, we'll be talkin' tortoises and everything about them, the different species, habitat, diet and a whole lot more. Participants will have the opportunity to observe and touch tortoises and make a fun tortoise craft too! Instructor: Wendy DeBevoise (4 weeks)

### **10-12 YEARS**

27021 1/6 T 4:15-5:30pm MCR2 \$25

27022 2/3 T 4:15-5:30pm MCR2 \$25

### **13-16 YEARS**

27023 1/6 T 6:15-7:30pm MCR2 \$25

27024 2/3 T 6:15-7:30pm MCR2 \$25

### **TAP, BALLET & TUMBLING II**

We will continue to learn more tap, ballet and tumbling techniques in this class designed for those who have previously taken the beginning level class. *Tap and ballet shoes are recommended. Children should wear comfortable clothes that do not restrict movement. Please put long hair up into a ponytail.*

**Participants must have two sessions of "Tap, Ballet and Tumbling" prior to registration in this class.** Instructor: Becky Cappello (8 weeks)

### **5-7 YEARS (Also listed in preschool section)**

27067 1/10 SAT 12:30-1:20pm MMPC \$26

### **TAP DANCE-YOUTH**

The focus of this class will be on learning basic tap techniques and combinations across the floor. Learn to make up your own tap combinations. *Tap shoes are recommended.* Instructor: Dezae Beretta (8 weeks)

### **6-9 YEARS**

26862 1/9 F 4-4:50pm MMPC \$26

### **TEEN JAZZ**

This is an entry level class for teens who want to learn fun jazz techniques and combinations. This class is also suitable for teens with previous jazz experience. Instructor: Dezae Beretta (7 weeks) **No class Fri., Feb. 13.**

### **13-16 YEARS**

27134 1/9 F 6-6:50pm MMPC \$23

### **TENNIS FOR TOTS – YOUTH**

Tennis at this level is instructional combined with ball skills and games. Students should be able to stand in line, follow simple directions and understand ball-to-racquet activities. *Students need to bring a tennis racquet and water and wear tennis shoes.*

### **6-8 YEARS**

27007 1/5 M 6-7pm MPTC \$21

Instructor: Kristen Hansen (5 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

27008 1/6 T 6-7pm MPTC \$27

Instructor: Carol Fisher (7 weeks)

27009 1/7 W 6-7pm MPTC \$27

Instructor: Kristen Hansen (7 weeks)

27010 1/8 TH 6-7pm MPTC \$27

Instructor: Carol Fisher (7 weeks)

27011 1/9 F 6-7pm MPTC \$27

Instructor: Kristen Hansen (7 weeks)

### **TENNIS LEVEL I - YOUTH**

This level is for those who have never played or are still developing fundamental strokes. Instruction is taught by utilizing fun drills. *Students need to bring a tennis racquet and water and wear tennis shoes.* Instructor: Kristen Hansen (5 weeks/7 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

### **9-15 YEARS**

27015	1/5 M	7-8pm	MPTC \$21
27016	1/7 W	7-8pm	MPTC \$27
27017	1/9 F	7-8pm	MPTC \$27

### **TENNIS LEVEL II - YOUTH**

This is an intermediate level class for those who have basic groundstrokes, but still need improvement with consistency and control. *Participants should have taken a Level I or equivalent class. Participants need to bring a tennis racquet and water and wear tennis shoes.* Instructor: Kristen Hansen (5 weeks/7 weeks) **No class Mon., Jan. 19 and Mon., Feb. 16.**

### **9-15 YEARS**

27018	1/5 M	8-9pm	MPTC \$21
27019	1/7 W	8-9pm	MPTC \$27
27020	1/9 F	8-9pm	MPTC \$27

### **VALENTINE GIFTS**

Hey Kids! Let's get together and create a wonderful one of a kind gift for the one you love. These gifts are great from mom, dad, grandma or grandpa! We will also wrap and create a gift card for our gift. **A \$7 supply fee will be collected at class. No refunds or credits will be issued 7 days prior to workshop.** *Last day to register for this class is 1/30.* Instructor: Michelle Minzey (One Day Workshops)

### **6-16 YEARS**

27025	2/7 SAT	2-4pm	PCR3	\$7
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### **WATERCOLOR PAINTING-YOUTH**

Participants will let their creativity abound while learning the basics of watercolor painting to paint faces, scenery, embossing and batik. Instructor: Dora McWilliams (8 weeks)

### **7-13 YEARS**

26840	1/9 F	4-5:15pm	CCR2&3	\$43
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